

January Outreach

This January, Mt. Lebanon Christian Church is Helping Neighbors through SHIM. What a great way to start the New Year with love and service.



More than 6,000 families are turning to SHIM for food this year.

Can you help us stock the three food pantries that serve families across the South Hills?

Mt. Lebanon Christian Church is collecting food and supplies for thousands of families and individuals who rely on SHIM monthly.

Most-needed items:

- Dried beans, lentils, rice
- Pasta sauce in jars
- Cooking oil
- Flour
- Sugar
- Cereal and oatmeal
- Soup (especially low sodium)
- Spices and seasonings o (salt, pepper, garlic, ginger, chili powder, turmeric, etc.)
- Adult diapers (L and XL)
- Baby Diapers (sizes 3-6)
- Baby food
- Personal care o shampoo, toothbrushes, toothpaste, deodorant, feminine hygiene, etc.)
- Dog food

Please drop off your donations at the church outreach table by January 26th.